

# 34. Tiefrastenlauf - Samstag, 18.10.2025

Technische Daten: 5,5 km - 893 Hmt

Start : Parkplatz Winnebach – Ziel: Tiefrastenhütte

Veranstalter: AVS Vintl + Terenten + Hüttenwirt der Tiefrastenhütte

## Ergebnisliste nach Kategorie

### Damen I 1991-2020

| Rang | Stnr. | Nachname      | Vorname   | Jg.  | Verein             | Zeit       |
|------|-------|---------------|-----------|------|--------------------|------------|
| 1    | 77    | SAPELZA       | KATRIN    | 1993 | TAISTEN            | 50:40.17   |
| 2    | 28    | BACHER        | MARTHA    | 2012 |                    | 55:37.65   |
| 3    | 25    | WINDPASSINGER | LAURA     | 1998 | DEUTSCHLAND        | 55:57.09   |
| 4    | 35    | BAUMGARTNER   | KATHRIN   | 1997 | TRIATHLON BOZEN    | 57:18.05   |
| 5    | 34    | REDERLECHNER  | EVA       | 2003 | MK MÜHLEN          | 58:11.27   |
| 6    | 36    | MAIR          | VIKTORIA  | 2002 | GITSCHBERG JOCHTAL | 58:30.14   |
| 7    | 29    | MAIR          | JULIA     | 1991 |                    | 59:50.26   |
| 8    | 30    | ZIMMERHOFER   | MAGDALENA | 1993 | BRUNECK            | 1:02:52.28 |
| 9    | 26    | WELSCHER      | LENA      | 2000 | WELSCHNOFEN        | 1:06:06.12 |
| 10   | 32    | PEDEVILLA     | MIA       | 2012 | ASV ANTHOLZERTAL   | 1:06:10.08 |
| 11   | 27    | GALEAZZO      | ELVIRA    | 1998 | PFALZEN            | 1:15:41.48 |
| 12   | 33    | STEINMANN     | EVI       | 2000 | LV ASV FREIENFELD  | 1:21:57.61 |

### Damen II 1976-1990

| Rang | Stnr. | Nachname     | Vorname   | Jg.  | Verein            | Zeit       |
|------|-------|--------------|-----------|------|-------------------|------------|
| 1    | 73    | RABENSTEINER | CHRISTINE | 1985 | SG EISACKTAL      | 55:26.17   |
| 2    | 109   | ÜBERBACHER   | JULIANE   | 1989 | NATZ              | 56:08.51   |
| 3    | 78    | THOMAS       | MAGDALENA | 1983 | PSV ZITTAU (D)    | 59:30.05   |
| 4    | 71    | BRUNNER      | IRENE     | 1979 | ASV DEUTSCHNOFEN  | 1:01:13.08 |
| 5    | 100   | ENGL         | CHRISTA   | 1988 | TERENTEN          | 1:09:24.97 |
| 6    | 72    | GATTERER     | TAMARA    | 1984 | LV ASV FREIENFELD | 1:10:28.16 |
| 7    | 75    | INNERBICHLER | SIEGLINDE | 1976 |                   | 1:14:54.98 |

### Damen III 1900-1975

| Rang | Stnr. | Nachname | Vorname   | Jg.  | Verein             | Zeit       |
|------|-------|----------|-----------|------|--------------------|------------|
| 1    | 48    | RENZLER  | ASTRID    | 1969 | TELDRA RENNA       | 54:41.13   |
| 2    | 46    | RAINER   | ERIKA     | 1971 | LV ASV FREIENFELD  | 57:13.82   |
| 3    | 45    | KÖSSLER  | BIRGIT    | 1974 |                    | 1:04:00.22 |
| 4    | 76    | TSCHÖLL  | ALEXIA    | 1975 | KIENS/EHRENBURG    | 1:04:36.06 |
| 5    | 47    | PLANK    | ILSE      | 1966 | WELSCHNOFEN        | 1:05:37.21 |
| 6    | 44    | PALMIERI | ALEXANDRA | 1964 | RUNCARD 393661     | 1:05:55.00 |
| 7    | 92    | MAIR     | EMMA      | 1969 | ASV OBERWIELENBACH | 1:06:33.87 |
| 8    | 43    | LARCHER  | HANNI     | 1973 | LV ASV FREIENFELD  | 1:22:13.20 |

### Herren Junioren 2007-2020

| Rang | Stnr. | Nachname  | Vorname  | Jg.  | Verein           | Zeit       |
|------|-------|-----------|----------|------|------------------|------------|
| 1    | 83    | GARTNER   | LUKAS    | 2007 | BRUNECK          | 52:02.84   |
| 2    | 84    | BURGER    | RUBEN    | 2007 | TEAM TIEFRASTEN  | 55:09.16   |
| 3    | 112   | KOLDITZ   | HEINRICH | 2012 | CHEMNITZ         | 56:14.29   |
| 4    | 3     | KÖHL      | MARJAN   | 2009 | ASV DEUTSCHNOFEN | 59:26.83   |
| 5    | 52    | BUSCHMANN | HENRY    | 2017 | KÖLN             | 1:11:09.23 |

**Herren I 1996-2006**

| Rang | Stnr. | Nachname   | Vorname   | Jg.  | Verein              | Zeit       |
|------|-------|------------|-----------|------|---------------------|------------|
| 1    | 99    | ZÖGGELER   | MATTHÄUS  | 1997 | VÖRAN               | 38:22.79   |
| 2    | 6     | VENTURATO  | STEFANO   | 1998 | ASD CAIRASCA        | 40:40.80   |
| 3    | 13    | GARTNER    | FLORIAN   | 2003 | TELDRA RENNA        | 43:22.40   |
| 4    | 12    | STEGER     | JAKOB     | 1997 | ST. LORENZEN        | 44:36.68   |
| 5    | 96    | SCHUCHARDT | HANNES    | 1997 | RIEDEN DEUTSCHLAND  | 44:46.64   |
| 6    | 102   | SIEDER     | JONAS     | 2002 | VINTL               | 44:55.60   |
| 7    | 8     | MAYR       | JAKOB     | 1998 | ST. ANDRÄ           | 45:12.57   |
| 8    | 11    | LADSTÄTTER | LUKAS     | 1998 | SKIALPRACE          | 46:14.86   |
| 9    | 7     | CAGOL      | MATTEO    | 1996 | BOLZANO             | 47:44.57   |
| 10   | 10    | CERANA     | FEDERICO  | 1998 | SSV BRUNECK         | 47:57.90   |
| 11   | 4     | PLAICKNER  | MATTHIAS  | 2004 | POLISPORTIVA STERZ. | 47:59.33   |
| 12   | 5     | REYNAUD    | ALBERTO   | 2000 | SAN GERMANO CHISONE | 50:58.83   |
| 13   | 106   | SIEDER     | FABIAN    | 1997 | BRUNECK             | 56:57.41   |
| 14   | 108   | MAYR       | THOMAS    | 2003 | KLAUSEN             | 58:39.96   |
| 15   | 9     | BUSCHMANN  | ALEXANDER | 1998 | KÖLN                | 1:11:07.88 |
| 16   | 90    | LAMPRECHT  | JULIAN    | 1998 |                     | 1:11:25.81 |

**Herren II 1986-1995**

| Rang | Stnr. | Nachname      | Vorname  | Jg.  | Verein              | Zeit       |
|------|-------|---------------|----------|------|---------------------|------------|
| 1    | 21    | GASSER        | LUKAS    | 1994 | SC MERAN            | 39:40.37   |
| 2    | 15    | NOTDURFTER    | MICHAEL  | 1994 | SSV BIERGARTEN      | 41:51.23   |
| 3    | 97    | WEISSTEINER   | ANDREAS  | 1992 | WEITENTAL           | 43:19.92   |
| 4    | 22    | SCHWINGSHACKL | MATTHIAS | 1993 | ASC GSIESERTAL      | 43:49.86   |
| 5    | 18    | DALLAVIA      | ALBERTO  | 1995 | SSV BRUNECK         | 44:12.48   |
| 6    | 105   | MESSNER       | LUKAS    | 1988 | DIE BISSIGN 4A      | 44:52.54   |
| 7    | 23    | KOSTNER       | MARTIN   | 1986 | ST. MARTIN IN THURN | 45:43.00   |
| 8    | 19    | WEISSTEINER   | MARTIN   | 1990 | TEAM TIEFRASTEN     | 47:09.52   |
| 9    | 20    | BACHER        | ANDREAS  | 1992 | TRIATHLON BOZEN     | 49:26.36   |
| 10   | 98    | KIRCHLER      | PHILIPP  | 1986 | AHRNTAL             | 49:48.05   |
| 11   | 79    | KIRCHLER      | ALEX     | 1990 | TEAM TIEFRASTEN     | 51:02.57   |
| 12   | 85    | STEGER        | HANNES   | 1989 | TEAM TIEFRASTEN     | 51:36.42   |
| 13   | 17    | PUECHER       | PATRICK  | 1986 |                     | 53:53.32   |
| 14   | 104   | RASTNER       | ELIAS    | 1994 | TERENTEN            | 55:55.80   |
| 15   | 107   | PFATTNER      | FELIX    | 1994 | FELDTURNS           | 1:25:27.60 |

**Herren III 1976-1985**

| Rang | Stnr. | Nachname       | Vorname   | Jg.  | Verein              | Zeit       |
|------|-------|----------------|-----------|------|---------------------|------------|
| 1    | 41    | INNEREBNER     | ANDREAS   | 1980 | LAUFFREUNDE SARNTAL | 37:31.09   |
| 2    | 42    | CANINS         | SIMON     | 1981 |                     | 46:43.01   |
| 3    | 95    | PIDER          | WOLFGANG  | 1977 | BRUNECK             | 48:56.62   |
| 4    | 87    | PLANKENSTEINER | MATTHIAS  | 1984 | TAISTEN             | 49:37.58   |
| 5    | 37    | ELLER          | ANDY      | 1980 | LV KALTERN          | 50:38.73   |
| 6    | 94    | SULLMANN       | GÜNTHER   | 1981 | BRIXEN              | 53:27.99   |
| 7    | 111   | KOLDITZ        | RONALD    | 1984 | CHEMNITZ            | 56:18.69   |
| 8    | 80    | STEINER        | MARKUS    | 1985 |                     | 56:31.08   |
| 9    | 86    | ENGL           | GEORG     | 1983 | TEAM TIEFRASTEN     | 1:00:47.96 |
| 10   | 38    | HOFER          | ANDREAS   | 1978 | LV ASV FREIENFELD   | 1:02:48.54 |
| 11   | 40    | PEDEVILLA      | CHRISTIAN | 1981 | BRUNECK             | 1:04:57.08 |

**Herren IV 1966-1975**

| Rang | Stnr. | Nachname     | Vorname   | Jg.  | Verein             | Zeit       |
|------|-------|--------------|-----------|------|--------------------|------------|
| 1    | 55    | PITTSCHIELER | GERHARD   | 1975 | LC KALTERN         | 47:39.35   |
| 2    | 57    | PERMANN      | MANFRED   | 1974 | TELMEKOMTEAM SÜDT. | 48:31.40   |
| 3    | 53    | CICERI       | MICHELE   | 1972 | LV ASV FREIENFELD  | 49:27.56   |
| 4    | 58    | PICHLER      | CHRISTOPH | 1972 | ASV DEUTSCHNOFEN   | 49:59.11   |
| 5    | 59    | ROFNER       | ERICH     | 1972 | SG EISACKTAL       | 51:08.92   |
| 6    | 1     | STEINMANN    | HANS      | 1970 | LV ASV FREIENFELD  | 51:11.13   |
| 7    | 54    | KIENZL       | GÜNTER    | 1971 | TELMEKOMTEAM SÜDT. | 56:12.61   |
| 8    | 82    | STECK        | GEROLD    | 1971 | KIENS/EHRENBURG    | 1:01:11.43 |
| 9    | 60    | MITTELBERGER | ERWIN     | 1973 | RUNCARD            | 1:02:17.90 |
| 10   | 49    | MARKART      | MICHAEL   | 1973 | LV ASV FREIENFELD  | 1:09:57.10 |

**Herren V 1900-1965**

| Rang | Stnr. | Nachname  | Vorname      | Jg.  | Verein              | Zeit       |
|------|-------|-----------|--------------|------|---------------------|------------|
| 1    | 62    | NEUMAIR   | HELMUTH      | 1960 | LV ASV FREIENFELD   | 48:49.80   |
| 2    | 103   | HUBER     | PETER        | 1959 | ASV SALTNFLITZA     | 51:12.96   |
| 3    | 63    | WELSCHER  | ROBERT       | 1962 | WELSCHNOFEN         | 53:29.42   |
| 4    | 68    | AMBACH    | WALTER       | 1961 | SG EISACKTAL        | 54:58.24   |
| 5    | 69    | TOTMOSE   | ANTON        | 1965 | ASV VAHRN           | 55:16.95   |
| 6    | 64    | VON WENZL | STEFAN       | 1960 | ZKG VINTL           | 57:25.81   |
| 7    | 81    | LEITNER   | ERWIN        | 1964 | ASV VINTL           | 59:04.34   |
| 8    | 110   | GRÜNDIG   | HARTMUT      | 1959 | CHEMNITZ            | 1:01:35.36 |
| 9    | 67    | SCHÖPF    | RUDI         | 1958 | ASV RC VINSCHGAU    | 1:01:57.71 |
| 10   | 61    | PRÜNSTER  | HEINI        | 1964 | LV ASV FREIENFELD   | 1:03:11.51 |
| 11   | 65    | HARDER    | JOSEF        | 1956 | ASV VÖLS AM SCHLERN | 1:03:42.64 |
| 12   | 101   | ENGL      | ISIDOR MICH. | 1955 | TERENTEN            | 1:04:09.74 |
| 13   | 70    | THALER    | JOSEF        | 1947 | ALPINSPEED SARNTAL  | 1:22:14.64 |